

# A.E.P. Monthly

June 2017

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## What You Missed In May

### DID YOU KNOW?

75 percent of girls with low self-esteem reported engaging in negative activities like cutting, bullying, smoking, drinking, or disordered eating. This compares to 25 percent of girls with high self-esteem.

#### FACTS:

About 20 percent of teens will experience depression before they reach adulthood.

The top wish among all teen girls is for their parents to communicate better with them!

38 percent of boys in middle school and high school reported using protein supplements and nearly 6 percent admitted to experimenting with steroids.

7 in 10 girls believe that they are not good enough or don't measure up in some way, including their looks, performance in school and relationships with friends and family members.



**Things Happening Here At AEP:  
June will be filled with field trips and FUN events!!**

**Every Week we will be going on a College Tour**

**-White Waters June 13, 2017**  
**-Fatherhood initiative June 16, 2017**  
**Braves Stadium Tour June 28, 2017**

**Check us out on the Web!**

[www.carrolltonhousingauthority.com/aep](http://www.carrolltonhousingauthority.com/aep)

[www.facebook.com/carrolltonhousingauthority.com](http://www.facebook.com/carrolltonhousingauthority.com)

### Motivational Videos

WINNING PSYCHOLOGY - Success Archive

DREAM MOTIVATION VIDEO - Mateusz M

MICHELLE OBAMA MOTIVATION VIDEO- Medical Inspiration

DR. MAYA ANGELOU- POWER OF WORDS

Want to know what's happening here at AEP each week? Like our facebook page for all the info! [Facebook.com/aepcarrollton/](https://www.facebook.com/aepcarrollton/)

Want to Join AEP? It's easy! Just call 770-834- 5510 ext.11 and let us know! We will pick you up!!

*Check out  
our Ice  
Skating Photo!  
AEP had a  
great time!*



Housing Authority  
of the City of Carrollton

"A laugh can be a very powerful

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Georgia Division of Family and  
Children Services

Office of Prevention and Family Support